

## Heathway Activities Programme Summer Holidays 2021



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| Tuesday 27 <sup>th</sup> July<br><b>Coach trip to Maldon Prom</b>                        | Wednesday 28 <sup>th</sup> July<br><b>Musical fun at The Vibe</b>                             | Thursday 29 <sup>th</sup> July<br><b>Early Years Session at Alibon Children's Centre</b>  |
| Tuesday 3 <sup>rd</sup> August<br><b>Early Years Session at Alibon Children's Centre</b> | Wednesday 4 <sup>th</sup> August<br><b>Coach trip to Marsh Farm</b>                           | Thursday 5 <sup>th</sup> August<br><b>Early Years Session at Alibon Children's Centre</b> |
| Tuesday 10 <sup>th</sup> August<br><b>Coach trip to Southend</b>                         | Wednesday 11 <sup>th</sup> August   | Thursday 12 <sup>th</sup> August<br><b>Board games at The Vibe</b>                        |
| Tuesday 17 <sup>th</sup> August  | Wednesday 18 <sup>th</sup> August<br><b>Martial arts at The Vibe</b>                          | Thursday 19 <sup>th</sup> August<br><b>Arts &amp; crafts at The Vibe</b>                  |
| Tuesday 24 <sup>th</sup> August<br><b>Coach trip to Chessington World of Adventures</b>  | Wednesday 25 <sup>th</sup> August<br><b>Early Years Session at Alibon Children's Centre</b>   | Thursday 26 <sup>th</sup> August<br><b>Board games at The Vibe</b>                        |
| Tuesday 31 <sup>st</sup> August<br><b>Martial arts at The Vibe</b>                       | Wednesday 1 <sup>st</sup> September<br><b>Early Years Session at Alibon Children's Centre</b> | Thursday 2 <sup>nd</sup> September  |

## **Booking Rules**

**All bookings are subject to change in line with government Covid 19 restrictions. Details will be used for NHS Track and Trace. There may also be some changes to venue if required. Please ensure when booking that we have up-to-date contact details for you in case of any changes.**

Siblings are very welcome to come along to all of our activities. Please advise when booking how many siblings will be attending with your child.

Interest for bookings will be taken from **9:30am on Monday 28<sup>th</sup> June 2021**. You cannot book before this time. You can phone, email or drop in to book – 0208 227 5500 or [theheathwaycentre@lbbd.gov.uk](mailto:theheathwaycentre@lbbd.gov.uk). Becontree children's centre is usually only open to the public on Tuesdays, Wednesdays and Thursdays.

Please note this will be a register of interest. We will contact you via email to confirm whether you have a place on the activity/trip.

Payments can **only be made in cash** at Becontree children's centre. When booking, you must specify when you are going to come into the centre to pay.

When booking a coach trip, please select a first and second choice. Families will be allowed to book on to a maximum of two coach trips, this will be dependent on availability.

For all activities' payments must be received by no later than **Friday 16<sup>th</sup> July 2021**. Failure to pay before the deadline will result in your space being re allocated.

Please note we are now based at **Becontree Childrens Centre, Stevens Road, RM8 2QR**. A Heathway member of staff will be available to take payment for activities on the following dates and times:

**Tuesday 6<sup>th</sup> July 9:30am-5pm**

**Thursday 8<sup>th</sup> July 2pm-5pm**

**Friday 9<sup>th</sup> July 9:30am-5pm**

**Tuesday 13<sup>th</sup> July 9:30am-5pm**

**Friday 16<sup>th</sup> July 9:30am-5pm**

*Please note due to School Streets restrictions on Stevens Road you will receive a ticket if you drive on Stevens Road between **8am-9:15am** and **2:45pm-4pm**.*

Please note that there is no parking outside Becontree children's centre and it is not possible to drive down Stevens Road during term time, if you drive on to the road you risk occurring a fine. There is some limited visitor parking on the surrounding streets, however we recommend using public transport or walking whenever possible.

**We are booking activities based on current government guidance on social distancing.** We will be operating a waiting list system, so that if we are able to offer more spaces after 19<sup>th</sup> July 2021, we will then contact families on the waiting list to offer them a space.

If current guidance remains in place when activities commence on 28/07/2021 we will be asking that parents attending with children complete a rapid lateral flow test before attending the activities. Testing kits can be ordered from

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-test>

If you prefer, tests can also be done in the borough – sites on the link below

<https://www.lbbd.gov.uk/get-a-coronavirus-test>

If you have any difficulty accessing or ordering tests, please call the Heathway centre on 0208 227 5500.

We will be following government guidelines at the time of the activities, this will mean that parents, carers and older siblings may be required to wear a mask, unless exempt.

For Early Years sessions, the garden areas are not fully secure (push button exits), parents are responsible for supervising their children while attending these sessions.

### **Coach Trips**

1. When you are booking any coach trips or activities, it is your responsibility to ensure that you have sufficient support to supervise your children as Heathway staff will NOT be held responsible for supervising any children or young people. Please refer to our Holiday Activity Waiver of Liability and Release Form which MUST be completed prior to attending any trip. Staff will accompany for support only.
2. For all coach trips, prices do not include entry costs, food etc. You will need to organise this yourself.
3. Tickets for Chessington World of Adventures and Marsh Farm will need to be booked in advance. Marsh Farm tickets for 4<sup>th</sup> August can be found by selecting 'Bubble n Bop festival' on their site.
4. While attending coach trips, please ensure you have everything you need for your child for the day. This should include drinks and snacks, basic first aid supplies, sun cream, any medication your child may require etc. Staff will be supporting only.
5. Further information about arrangements for coach trips will be sent out in the near future.

## Activity Descriptions

| Activity Description   | Dates   | Times/Pick Up  | Venue  | Costs                                   | Age         | Spaces Available |
|--|---|--|--|---|-------------|------------------|
| <p><b>Martial Arts</b></p> <p>Interested in martial arts? Want to try out something physical? This session will go through some basic principles of martial arts, teach you about patience, coordination, discipline and having fun whilst trying it out! This is a physical activity, so wearing loose sports clothing is recommended.</p> <p>Parent/carers must remain with children.</p> <p>Delivered by a professional accredited instructor</p> | <p>18<sup>th</sup> August</p> <p>31<sup>st</sup> August</p>                           | <p>1pm-2pm</p>   | <p>The Vibe,<br/>195-211 Becontree Avenue,<br/>Dagenham,<br/>RM8 2UT</p> | <p>£1 per child and 50p per sibling</p> | <p>6-17</p> | <p>10</p>        |
| <p><b>Early Years Sessions at Richard Alibon Children's Centre</b></p> <p>We will be joining with our portage colleagues to deliver family fun sessions for children aged 0-8 and their families.</p>  | <p>29<sup>th</sup> July</p> <p>3<sup>rd</sup> August</p> <p>5<sup>th</sup> August</p> | <p>10:00-12:00</p> <p>2:00-4:00</p> <p>10:00-12:00</p> | <p>Alibon Children's Centre<br/>175 Sterry Road<br/>Dagenham</p>         | <p>£1 per child and 50p per sibling</p> | <p>0-8</p>  | <p>15</p>        |

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| <p>Activities will include messy play, arts and crafts, singing together and circle time.</p>   | <p>25<sup>th</sup><br/>August<br/><br/>1<sup>st</sup><br/>September</p> | <p>10:00-12:00<br/><br/>2:00-4:00</p> | <p>Essex<br/>RM10 8PT</p>   |                      |             |  |
| <p><b>Coach trip to Maldon Prom</b></p> <p>Located on the sloping bank of the river Blackwater, Maldon's Promenade Park has been a popular leisure location for over a hundred years.</p> <p><a href="http://www.visitmaldon.co.uk/promenade-park/">http://www.visitmaldon.co.uk/promenade-park/</a></p> <p>Splash Park, Skateboard park, sand pit, adventure golf, crabbing lake, valley adventure play area, BMX track, swings and slides. Bring a packed lunch!</p> <p><u>This is a coach trip only, food, entertainment and entrance fees are not included.</u></p> | <p>27<sup>th</sup> July</p>   | <p>8:45 pick up</p>                   | <p>8:45 pick up from outside Becontree children's centre, Stevens Road, RM8 2QR</p> | <p>£6 per person</p> | <p>0-17</p> | <p>Approx 60 spaces including some for wheelchairs</p> |
| <p><b>Coach trip to Marsh Farm</b></p>  | <p>4<sup>th</sup> August</p>  | <p>8:45 pick up</p>                   | <p>8:45 pick up from outside</p>  | <p>£6 per person</p> | <p>0-17</p> | <p>Approx 60 spaces including</p>                      |

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| <p>Marsh Farm Animal Adventure Park is a fun filled day out for children and families.</p> <p>Farm with lots of animals to feed, huge soft play area, outdoor play, rides, crazy golf and more.</p> <p><u>This is a coach trip only, food, entertainment and entrance fees are not included.</u></p>  |                                   |  | <p>Becontree children's centre,<br/>Stevens Road, RM8 2QR</p>                           | <p>for the coach.</p> <p>All entrance tickets must be booked in advance<br/>£8.99-<br/>£15.99<br/>Carers go free.</p> |             | <p>some for wheelchairs</p>                            |
| <p><b>Coach trip to Southend</b></p> <p>Enjoy a day out by the sea with some fish and chips and ice cream. If you fancy you can visit Adventure Island or the Sea Life centre.</p> <p>Bring a towel and a packed Lunch. Don't forget your sunscreen too!</p> <p><u>This is a coach trip only, food, entertainment and entrance fees are not included.</u></p> | <p>10<sup>th</sup><br/>August</p> | <p>8:45 pick up</p> <p>3pm return from Southend.</p> | <p>8:45 pick up from outside Becontree children's centre,<br/>Stevens Road, RM8 2QR</p> | <p>£6 per person for the coach.</p>   | <p>0-17</p> | <p>Approx 60 spaces including some for wheelchairs</p> |

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| <p><b>Coach trip to Chessington World of Adventures</b></p> <p>Come along for a great day out at Chessington World of Adventures. Theme park rides for all ages and zoo animals.</p> <p>Don't forget your sunscreen!</p> <p><u>This is a coach trip only, food, entertainment and entrance fees are not included.</u></p> <p>Accessibility information including Ride Access Pass (skip the queues) can be found at <a href="https://support.chessington.com/hc/en-us/categories/360000159792-Guests-with-Additional-Needs">https://support.chessington.com/hc/en-us/categories/360000159792-Guests-with-Additional-Needs</a></p> | <p>24<sup>th</sup> August</p> | <p>8:00 pick up</p> <p>4pm return from Chessington</p> | <p>8:00 pick up from outside Becontree children's centre, Stevens Road, RM8 2QR</p> | <p>£6 per person for the coach.</p> <p>All entrance tickets must be booked in advance online – rates vary.</p> | <p>0-17</p> | <p>Approx 60 spaces including some for wheelchairs</p> |
| <p><b>Musical Fun Day</b></p> <p>Join Shonna for singing and dancing, Mums and Dads are welcome to join in!</p>   | <p>28<sup>th</sup> July</p>   | <p>2pm-3:30pm</p>                                      | <p>The Vibe, 195-211 Becontree Avenue, Dagenham RM8 2UT</p>                         | <p>£1 per child and 50p per sibling</p>  | <p>5-17</p> | <p>15</p>  |



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| <p><b>Board Game Days</b></p> <p>Join us for a day of board games, we will provide a number of games, you are also welcome to bring your own!</p> | <p>12<sup>th</sup><br/>August</p> <p>26<sup>th</sup><br/>August</p> | <p>1pm-3pm</p> | <p>The Vibe,<br/>195-211<br/>Becontree<br/>Avenue,<br/>Dagenham<br/>RM8 2UT</p> | <p>£1 per<br/>child<br/>and 50p<br/>per<br/>sibling</p> | <p>8-17</p> | <p>15</p> |
| <p><b>Arts and crafts</b></p> <p>A relaxed and fun session where we can get creative! Materials will be provided.</p>                             | <p>19<sup>th</sup><br/>August</p>                                   | <p>1pm-3pm</p> | <p>The Vibe,<br/>195-211<br/>Becontree<br/>Avenue,<br/>Dagenham<br/>RM8 2UT</p> | <p>£1 per<br/>child<br/>and 50p<br/>per<br/>sibling</p> | <p>8-17</p> | <p>15</p> |