

Developing a **mentally healthy school** is fast becoming a high priority objective for the DfE and OFSTED. This is captured in the new Safeguarding Policy drafted by Essex County Council in April 2018:

**‘11. Promoting positive mental health and resilience in school**

*Positive mental health is the concern of the whole community and we recognise that schools play a key part in this. Our school wants to develop the emotional wellbeing and resilience of all pupils and staff, as well as provide specific support for those with additional needs...’*

Supported by Mentally Healthy School, training modules have been supported by Health Education England (HEE) and created by the School Development Agency (SDSA) in partnership with an expert group of educational psychologists, education consultants and mental health organisations.

This **one day course** is about LEADERSHIP of a mentally healthy school. It is specifically aimed at **Senior Leaders** and focuses on reflection of current provision and strategic planning to help develop a mentally healthy school.

**Course Aims**

- To enable and empower Senior Leaders to put mental health at the heart of strategic school improvement.
- To equip Senior Leaders with practical and sustainable approaches that can be implemented on return to school.

**Course Content**

*The following will be explored:*

**Ethos, culture and strategic leadership**

- What is Mental Health?
- Why have a whole school approach to mental health?
- The importance of ethos and culture
- Strategic planning

**Policies and procedures for impact**

- Policies and leadership
- Signs and symptoms
- Procedure for impact

**Cost**  
**£95**  
**(Billericay TSA members £86)**

**Dates and Times**

**One full day**  
**1 February 2019**  
**9.15am-3.30pm**



**Venue**  
**Reids Billericay,**  
**66-68 Laindon Road, Billericay**  
**CM12 9LD**



**To Book**  
**Complete the attached booking form and email to**  
**[mjones@billericayschool.com](mailto:mjones@billericayschool.com)**