

Our address:
Town Hall, 1 Town Square
Barking
IG11 7LU
Website: www.lbbd.gov.uk

Ref: EdComm/Schools/letter

25 June 2021

Dear Parents/Carers,

COVID-19 cases are rising again in some parts of Barking and Dagenham. Get tested for coronavirus regularly, even if you don't have symptoms. There are [many ways to get a test if you don't have symptoms](#).

The three main symptoms of coronavirus are:

- a high temperature
- a new, continuous cough
- a loss or change to your sense of smell or taste

If you have any of these symptoms, isolate immediately and get a PCR test. Only leave your home to get a test.

Remember:

- If anyone in your home has symptoms or a positive result, they need to stay indoors for 10 days.
- Do not send your children to school if they have symptoms or a positive result.

There are three ways to get a test if you have symptoms:

1. [Book a test online](#)
2. Call 119 to book an appointment at one of the 3 sites below
3. Walk in to these 3 test sites without an appointment

Location	Opening times
Mayesbrook Park Car Park, Lodge Avenue, Dagenham RM8 2JR (opposite Illchester Road)	8am to 8pm
Chadwell Heath Community Centre, High Road, Chadwell Heath RM6 6AS	8am to 8pm

Curzon Community Centre car park, Bastable Avenue, Barking IG11 0LG

8am to 8pm

Along with regular testing, vaccination protects against the virus. If you are aged 18 and over, you can book your vaccination appointment

- online by visiting www.nhs.uk/covid-vaccination
- by dialling 119 free of charge if you cannot use the website
- by dialling 020 8076 4752 to book your vaccination at the Broadway Theatre in Barking

Yours sincerely



Matthew Cole
Director of Public Health