

The Heathway Centre Summer Holiday Activities

25th July - 26th August 2022



**Siblings
welcome
to all our
activities**

**To make these
activities more
affordable,
The Heathway
Centre have
subsidised all
coaches**



**All coach
seats cost
£6.00 per
person**

**Please notify
staff of any
allergies**

Programme for Families with Children & Young People with Additional Needs Living in Barking & Dagenham

The Heathway Centre Booking Guidelines

1. It is the parent/carers responsibility to ensure that your child has the correct **car/booster seat** when travelling by vehicle.
*The law requires all children travelling in any vehicle, to use the correct child car seat until they are either 135 cm in height or 12 years old (which ever they reach first). After this they must use an adult seat belt.
2. You DO NOT NEED a car seat for our coach trips, however children **will not be allowed to sit on your lap**, therefore you will have to pay for the coach seat.
3. **When you are booking any coach trips or activities, it is your responsibility to ensure that you have sufficient support to supervise your children as Heathway Centre staff will NOT be held responsible for supervising any children or young people. Please refer to our Holiday Activity Waiver of Liability and Release Form which MUST be completed prior to attending any trip. Staff will accompany for support only.**
4. For all COACH TRIPS, prices do not include entry costs, food etc. You will need to organise this yourself.
5. If you successful apply for a Short breaks for me grant, this can be used towards paying entrance fees, please confirm your space on your chosen trip prior to purchasing your entrance ticket.
6. Bookings will be taken from **Monday 20th June 2022 from 11am**. You cannot book before this time. You can phone or drop in to book.
7. **All coach trips** must be paid by **Tuesday 12th July 2022**. Only **cash payments** will be taken. If you would like to use your **ShortBreaks4Me Grant** towards the cost of the coach trip or admission fee, please speak with a staff member who will confirm whether you have sufficient funds to do this prior to booking.
8. All activities payments must be received by no later than **5pm on the 12th July 2022**. Failure to pay before the deadline will result in your space being re allocated.

******No refunds will be issued once coach spaces have been booked*****

Monday 25 th July	Tuesday 26 th	Wednesday 27 th	Thursday 28 th	Friday 29 th
9am-5pm Heathway Centre surgery	8am – 4pm Coach trip to Chessington World of adventure	12pm – 1pm Martial Arts Fitness	9am – 4pm Coach Trip Colchester Zoo	
Monday 1 st August	Tuesday 2 nd	Wednesday 3 rd	Thursday 4 th	Friday 5 th
9am-5pm Heathway Centre surgery	11am – 3pm Coach trip to Hainault Forest	10am – 12pm Arts and crafts	10am – 11am Better Trampoline Park	
Monday 8 th	Tuesday 9 th	Wednesday 10 th	Thursday 11 th	Friday 12 th
9am-5pm Heathway Centre surgery	8am – 4pm Coach trip to Legoland Windsor theme park	12pm – 1pm Martial Arts Fitness	8am – 4pm Coach trip to Clacton on Sea Beach	
Monday 15 th	Tuesday 16 th	Wednesday 17 th	Thursday 18 th	Friday 19 th
9am-5pm Heathway Centre surgery appointment	8am – 4pm Coach Trip Southend on Sea	1pm – 4pm Sports Fun day	9am – 4pm Coach trip to Barleylands	
Monday 22 nd	Tuesday 23 rd	Wednesday 24 th	Thursday 25 th	Friday 26 th
9am-5pm Heathway Centre surgery	8am – 4pm Coach trip to Chessington World of adventure	2pm – 4pm Arts and crafts	1pm – 4.30pm End of Summer Pyjama party	

Description of activity	Additional information	Collection times	Venue	Costs	Age	Spaces available
<p>Heathway Centre Surgery</p> <p>We are offering surgery appointments on Monday's only from 9-5, the last appointment time we are able to offer is 4pm, whilst we always welcome & encourage walk ins, our appointments will be given priority, if you wish to discuss making an appointment or for any further information please call us on 0208 227 5500.</p>	<p>Monday's only 25th July 1st August 8th August 15th August 22nd August</p>	<p>Appointments available</p> <p>Walk-ins welcome</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>N/A</p>		
<p>Coach trip to Chessington World of Adventures</p> <p>Come along for a great day out at Chessington World of Adventures. Theme Park rides for all ages and zoo animals.</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p> <p>Accessibility information including Ride Access Pass (skip the queues) can be found at https://support.chessington.com/hc/en-us/categories/360000159792-Guests-with-Additional-Needs</p> <p>**Only 1 session can be booked**</p>	<p>Tuesday 26th July</p> <p>Tuesday 23rd August</p>	<p>7.30am arrival. Coaches will leave at 8am</p> <p>Coaches will leave Chessington World of adventures at 4pm</p>	<p>Collection point outside Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>£6 per person for seat on coach</p> <p>Please ensure you purchase your entrance ticket</p>	<p>0-17 years</p>	
<p>Martial Arts Fitness</p> <p>Interested in martial arts? Want to try out something physical? We are running a taster session for those of you interested in trying out 'Kung Fu'. The session will be delivered by a professional accredited instructor.</p>	<p>Wednesday 27th July</p> <p>Wednesday 10th August</p>	<p>12pm – 1pm</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>£1.00 per child and 50p per sibling</p>	<p>Ages 5 and over</p>	<p>10 children per session</p>

<p>This session will go through some basic principles of Kung Fu, teach you about patience, coordination, discipline and having fun whilst trying it out! This is a physical activity, so wearing loose sports clothing is recommended.</p> <p>Refreshments will be made available</p>					
<p>Coach trip to Colchester Zoo</p> <p>During your visit to Colchester Zoo, you will see many species from around the world and can learn more about them at our fantastic daily encounters, giving you the chance to see our animals being fed, watch a training session or perhaps just quiz their keepers</p> <p>Bring a packed lunch</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p> <p>Please use the following link to purchase tickets Welcome to Colchester Zoo A Wild Family Day Out (colchester-zoo.com)</p> <p>Any guest with a disability will be required to purchase the relevant adult, child or senior admission ticket, online in advance to enter the zoo. Colchester Zoo will then admit an assistant FREE of charge, upon request when verification of disability is shown. Please have these available when you arrive at the zoo.</p> <p>Forms of Verification:</p> <ul style="list-style-type: none"> • Blue Badge • PIP Letter • Current Disability Living Allowance Letter <p>Please use the following link for further information; Accessibility Information Colchester Zoo (colchester-zoo.com)</p>	<p>Thursday 28th July</p>	<p>8.30am arrival. Coaches will leave at 9am</p> <p>Coaches will leave Colchester Zoo at 4pm</p>	<p>Collection point outside Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Coach Trip £6.00 per person</p> <p>Adult E-ticket: £25.64. Adult Gate: £26.99 Child E-ticket: £18.04 Child Gate: £18.99 Senior E-ticket: £24.69 Senior Gate: £25.99</p> <p>A carer will be admitted free of charge, verification of disability is required when you arrive at the zoo.</p>	<p>Family Trip</p>

<p>Coach trip to Hainault Forest</p> <p>Come along and bring your family to explore the local wildlife of Hainault Forest, there is also a lake and a farm. The Heathway staff will be available for games. Bring a packed lunch and sunscreen.</p>	<p>Tuesday 2nd August</p>	<p>10.30am arrival. Coaches will leave at 11am</p> <p>Coaches will leave Hainault forest at 3pm</p>	<p>Collection point outside Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Coach Trip £6.00 per person</p>	<p>Family trip</p>	
<p>Arts and Crafts</p> <p>A relaxed and fun session where we can get creative! Materials will be provided including messy play and circle time.</p>	<p>Wednesday 3rd August</p>	<p>2pm – 4pm</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>£1.00 per child and 50p per sibling</p>	<p>Under 8 years</p>	
	<p>Wednesday 24th August</p>	<p>10am – 12pm</p>				
<p>Better Trampoline Park</p> <p>The Better Trampoline and Play Park at Barking Sporthouse and Gym includes a foam pit, dodgeball, free jump area, giant battle beam foam pit and basketball.</p>	<p>Thursday 4th August</p>	<p>10am – 11am</p>	<p>Mayesbrook Park, Lodge Ave, Dagenham RM8 2JR</p>	<p>£10.00 per child, including socks Carers are free</p>	<p>Family trip</p>	
<p>Coach trip to LEGOLAND Windsor</p> <p>Come along for a great day out at Legoland Windsor Theme park. LEGOLAND Windsor Resort is a theme park dedicated to children aged 3-12 years old.</p> <p>Personal assistant / carers tickets are free of charge for guests with disabilities or additional needs who feel they require extra assistance while at LEGOLAND Windsor. To qualify for a personal assistant / carers ticket, you must bring one of the following forms of documentation for proof of</p>	<p>Thursday 9th August</p>	<p>7.30am arrival. Coaches will leave at 8am</p> <p>Coaches will leave LEGOLAND Windsor at 4pm</p>	<p>Collection point outside Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Coach Trip £6.00 per person</p> <p>Prices Adult (16+): Gate price £62.00 Online price, £39.00 Child (90cm - 15 Years): Gate price £62.00 Online price, £39.00</p>	<p>LEGOLAND Windsor Resort is a theme park dedicated to children aged 3-12 years old.</p>	

<p>disability which our Admissions team will ask for on arrival at the Resort:</p> <ul style="list-style-type: none"> • A valid Blue Badge. • Credibility's Access Card. • Entitlement to Disability Living Allowance for children under 16 or DLA/Personal Independent Payments (PIP) for those aged 16-64, either in the form of a letter stating that the benefit has been awarded, or the actual Allowance book. <p>Accessibility information including Ride Access Pass (skip the queues) can be found at What is the Ride Access Pass? – LEGOLAND® Windsor Resort: The UK's Favourite Kids Theme Park</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p>				<p>children UNDER 0.9m are admitted free of charge</p>		
<p>Coach trip to Clacton on Sea</p> <p>Enjoy a day out by the sea with some fish and chips and ice cream. If you fancy you can visit the Clacton Pavilion fun park (ticket prices vary).</p> <p>Bring a towel and a packed Lunch. Don't forget your sunscreen too!</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p>	<p>Thursday 11th August</p>	<p>7.30am arrival. Coaches will leave at 8am</p> <p>Coaches will leave Clacton on Sea at 4pm</p>	<p>Collection point outside Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Coach Trip £6.00 per person</p> <p>Clacton Pavilion fun park (ticket prices vary).</p>	<p>Family Activity</p>	
<p>Coach trip to Southend on Sea</p> <p>Enjoy a day out by the sea with some fish and chips and ice cream. If you fancy you can visit Adventure Island.</p>	<p>Tuesday 16th August</p>	<p>7.30am arrival. Coaches will leave at 8am</p>	<p>Collection point outside Becontree children's</p>	<p>Coach Trip cost: £6.00 per person</p>	<p>Family Trip</p>	

<p>Bring a towel and a packed Lunch and sun cream</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p>		<p>Coaches will leave Southend on Sea at 4pm</p>	<p>centre, Stevens Road, RM8 2QR</p>	<p>Free Entry to beach front</p>		
<p>Sports fun day</p> <p>Time to take part in our Summer fun day event. We will be working in teams to try out a range of challenges such as the 'egg and spoon race', 'beanbag race', hula hoop race, obstacle challenges and many more. This is a whole family event, so the more the merrier.</p> <p>Refreshments will be made available</p>	<p>Wednesday 17th August</p>	<p>1pm – 4pm</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>£1 per child 50p per sibling</p>	<p>Family Activity</p>	
<p>Barleylands farm</p> <p>Barleylands Farm is a fun filled day out for children and families.</p> <p>A farm with lots of animals to feed and a range of adventure play areas.</p> <p>This is a coach trip only, food, entertainment and entrance fees are not included.</p>	<p>Thursday 19th August</p>	<p>8.30am arrival. Coaches will leave at 9am</p> <p>Coaches will leave Barleylands Farm at 4pm</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Adult £15.50 Child 2- 15 years £15.50 Family of 4 £55.00 Carers £2.50. Proof may be required (such as orange/blue badge) at the point of entry into Barleylands Farm</p>		
<p>End of Summer Pyjama party</p> <p>Come and join us for our end of summer pyjama party for dancing, party games and lots of singing.</p> <p>Bring a dish to share with your friends</p>	<p>Thursday 25th August</p>	<p>1pm – 4.30pm</p>	<p>Becontree children's centre, Stevens Road, RM8 2QR</p>	<p>Free</p>	<p>Family Activity</p>	